

# The Men's Room

## Social activities and wellbeing support for men in Stalybridge

### Joining Instructions.

Each Wednesday afternoon, starting 19<sup>th</sup> October, from 1:00pm until 3:00pm we will be running weekly activities for men from across Tameside in Stalybridge.

The activities will take place in:

Academy HQ, Leech St., Stalybridge, SK15 1<sup>ST</sup>

The timetable for each session is:

Location	Academy HQ, Leech St., Stalybridge, SK15 1 <sup>ST</sup>				
October '22				19th	26th
November '22	2nd	9th	16th	23rd	30th
December '22	7th	14th	21st	See note	
January '23	4th	11th	18th	25th	

Men can join any or all sessions depending on their circumstances – we operate an open-door policy

**Note:** we will meet on 21<sup>st</sup> December '22 for Christmas refreshments – then restarting January 4<sup>th</sup> 2023

There aren't any fees, refreshments are provided as will any materials or equipment.

Unfortunately, transport isn't provided.

If you have any questions please contact Mike on:

Mike Barlow on 07984037920 or [mikerbarlow44@icloud.com](mailto:mikerbarlow44@icloud.com)